



Essential Oil

Plants have an indomitable vitality. The essential oil, being the natural plant fluid, is the essence of this vitality. The aromatic substance in essential oils are actually hormones of plants which is curative to certain diseases.

Aromatherapy is a therapy that cleanses the body and the mind, strive for physical, mental and spiritual health equilibrium. The essential oils used in aromatherapy are extracted from petals, leaves, twigs, fruits, seeds, root, stem and bark of highly aromatic plants. These oils penetrates into the body and stimulates the cerebral cortex, provides soothing and enlightening effects, relieves mental and spiritual disorders, builds up positive outlook on life.

Tea Tree

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The short plant is originated from New South Wales, Australia. It grows to the height of 6 metres and possesses extremely high vitality. Tea Tree grows best in lowlying soggy lands. Long ago, the Australian aborigines had started using its tea leaves to cure inflamed wounds. In 1927, the plant was brought into Europe. Its outstanding antiseptic property has since taken the Europeans by storm. The Australian, American and French scientists are now studying the anti-inflammation properties of Tea Tree, especially the possibility of it being used to cure various skin diseases. Currently, it is commonly used in surgery and dental operations. It is also an ingredient in making soaps, deodorants, air fresheners and detergents.

Source/volatility:	Leaves / high
Smell:	Fresh and slightly sharp.
Main functions:	Antiseptic, anti-viral, anti-fungal, uplifting.
Physiological effect:	A powerful antiseptic essential oil, it helps the immune system to fight contagious diseases. It also promotes metabolism, detoxifies by method of perspiration, effective for flu, oral herpes, mucositis and gingivitis. Its anti-fungal property is good for genital inflammation, helps purifies urinary tract, improves cystitis. Besides, it also relieves earache and enteritis, get rid of parasites in the body.
Skin Care:	Contracts and cleanses the pores, improves skin inflammation, furuncle etc. Removes chickenpox and shingles. Effective for burns, blisters, herpes and athlete's foot. Cures excessive dandruff.
Emotional effect:	Refreshing and stimulating, restores energy, suitable for shock.
Contraindication:	May cause irritation at sensitive parts of the skin.